Chiropractic Intake & History

Patient Information

Patient Name:			Employer / School		
-	Middle Initial	Last Name	Occupation		
First Name Address	ivildale initial				
	Zip Cod		• • • • • •		
			IN CASE OF EMERO		
		/			
			200		
□ Married □ Widowed □ Single □ Divorced			Who may we thank for referring you?		
			First Name	Last Name	
How bad is it? How symptoms? (circle)	intense are your		4 5 6 7 8		
			(= =)		
What does it feel I	ike? (Check where ap	propriate)			
☐ Numbness	☐ Sharp		100	// //	
□Tingling	☐ Shooting			({/ _Y })	
☐ Stiffness	☐ Burning		(3) 1) (3)	(8/1/2)	
☐ Dull	☐ Throbbing) \ (
☐ Aching	☐ Stabbing			()()	
☐ Cramping	☐ Swelling) [[()//(
☐ Nagging	☐ Other				

IMPACT OF YOUR SYMPTOMS

How is this symptom / condition interfering with your life? (Check where appropriate)

	No Effect	Mild Effect	Moderate Effect	Severe Effect		No Effect	Mild Effect	Moderate Effect	Severe Effect
Work					Energy				
Exercise					Attitude				
Recreation					Patience				
Relationship					Productivity				
Sleep					Creativity				
Self-Care					Other				

How committed are you to correcting this issue?



















Not Committed

Very Committed

PATIENT WELLNESS ASSESSMENT

	ILLNES	ILLNESS-WELLNESS CONTINUUM			
PRE- MATURE DEATH	— Disease Developing ——	COMFORT ZONE (FALSE WELLNESS)	— Wellness Developing –	HIGH-LEVEL WELLNESS	
O O	1 2 3	4 5 6	7 8 9	10	
DISEASE Multiple medications Poor quality of life Potential becomes limited Body has limited function	POOR HEALTH Symptoms Drug therapy Surgery Losing normal function	NEUTRAL No symptoms Nutrition inconsistent Exercise sporadic Health not a high priority	GOOD HEALTH Regular exercise Good nutrition Wellness education Minimal nerve interference	OPTIMAL HEALTH 100% function Continuous development Active participation Wellness lifestyle	

On the arrow diagram above:
What number do you think represents your health today?
In what direction is your health currently headed?
What are your health goals?
Immediate:
Short Term:
Long Term:

Children and Pregnancy

How many children do you have? _				
Are you currently pregnant? □ No □	Yes, I am due _			
Children's' ages?				
Number of past pregnancies?				
Children's' health concerns?				
Health concerns regarding this preg	nancy?			
HEALTH AND ILLNESS HIS	STORY Please	check the box beside any co	ndition tha	t you have or have had
□ AlDS/HIV □ Alcoholism □ Anxiety □ Arteriosclerosis □ Arthritis □ Asthma/Allergies □ Back Pain □ Cardiovascular Issues □ Cancer □ Circulation Issues □ Childhood Illness □ Depression	(co RD/ Elbi End Foo Gov Hea Hea Hep Hip	adaches/Migraines art Disease patitis Issues nune Issues nphatic Issues		Multiple Sclerosis Neck Pain Reproductive Issues Ringing in the Ears Scoliosis Shoulder Issues Stroke TMJ Issues Urinary Issues Osteoporosis Other
Allergies (list) Medications (list) Supplements		plements (list)		
Signature		D	ate	